

EMPOWERING CHANGE:

Sexual Harassment Policy Violation Remediation Training

The Empowering Change program is a personalized Sexual Harassment Policy Violation Remediation Training, designed to provide individuals who have violated their company's sexual harassment policy with an opportunity for introspection, growth, and behavioral change. Conducted on a one-on-one basis, this training program encourages participants to candidly discuss their inappropriate behavior and offers a supportive environment for reflection and learning.

Session 1:

Self-Reflection and Accountability (90 minutes)

- In this confidential and non-judgmental session, participants will engage in open discussions about the inappropriate behavior that led to their referral to the training. Facilitated by experienced trainers, the session will focus on the following key areas:
 - Acknowledging the Inappropriate Behavior
 - Understanding the Impact
 - Company's Sexual Harassment Policy
 - Effects of Harassment

Session 2:

Building Respectful Workplace Relationships

- In this second part, participants will focus on building the skills and mindset necessary for fostering respectful and harassment-free workplace relationships. The session will cover the following topics:
 - Recognizing Power Dynamics
 - Effective Communication and Boundaries
 - Bystander Intervention
 - Strategies for Change

Upon completion of the Empowering Change program, participants will:

- Gain a deeper understanding of the impact of their inappropriate behavior on others and the workplace environment.
- Develop heightened sensitivity towards issues related to sexual harassment.
- Acquire essential skills to foster respectful workplace relationships, communication, and boundary-setting.